

EAST ORANGE CHILD DEVELOPMENT CORPORATION



HEALTH SERVICES HAND BOOK PREGNANT WOMEN & EXPECTANT FAMILIES IN EARLY HEAD START

682 PARK AVE.

EAST ORANGE, NJ 07017

973-676-1110 EXT.284

CONTACT PERSON:

MARIE BROWN, RN

HEALTH MANAGER

682 PARK AVE.

EAST ORANGE, NJ 07017

973-266-5380 EXT.331

CONTACT PERSON:

LATONYA GREEN

FAMILY WORKER



WELCOME TO OUR PREGNANCY PROGRAM:
AS AN ENROLLEE THE FOLLOWING WILL BE
PROVIDED:

- PRENATAL AND POSTPARTUM
EDUCATION/RESOURCES
- INDIVIDUALIZED PRENATAL/POSTNATAL
SESSIONS
- NUTRITION ASSESSMENT AND
COUNSELLING
- NEWBORN VISIT
- ASSISTANCE AND GUIDANCE WITH
TRANSITION INTO CENTERBASE



IN THE PREGNANT WOMEN PROGRAM, THE
PROCESS INCLUDES:

- **HEALTH INTAKE**- TO OBTAIN INFORMATION ON PRENATAL HISTORY, ACCESS TO ONGONG HEALTH CARE AND DEVELOPMENT OF INDIVIDUAL TRACKING OF HEALTH NEEDS.
- **SOCIAL SERVICE**-DETERMINATION OF ELIGIBILITY IN THE PROGRAM, INQUIRE THE NEEDS OF THE FAMILY AND OBTAINING FAMILY SUPPORT SYSTEM.
- **PRENATAL SESSIONS** THROUGHOUT THE PREGNANCY, AS WELL AS LABOR & DELIVERY AND POSTPARTUM EDUCATION PRIOR TO DELIVERY.



- TWO WEEK **NEWBORN/POSTPARTUM VISIT**, NEWBORN ASSESSMENT, LABOR AND DELIVERY HISTORY, POSTPARTUM SCREENING AND POSTNATAL RESOURCES AND REFERRALS.
- **SCHOOL READINESS**- ONGOING EDUCATION, GUIDANCE DURING PREGNANCY AND DELIVERY. ASSISTANCE AND GUIDANCE IN THE TRANSITION OF CHILD INTO THE CENTERBASE PROGRAM.



SCHOOL READINESS

SCHOOL HEALTH READINESS

- PRENATAL VISITS-PHYSICAL CHECK-UP AND FORM SUBMISSION
- DENTAL EXAM-DENTAL CHECK UP AND FORM SUBMISSION
- NUTRITION COUNSELLING WITH E.O.C.D.C. NUTRITIONIST
- MONTHLY PREGNANT MOM SESSIONS WITH NURSE
- REGULAR CHECK-INS REGARDING PREGNANCY WITH HEALTH ASSISTANT
- NEWBORN/POSTPARTUM VISIT COMPLETION
- ASSISTANCE AND GUIDANCE FOR TRANSITION INTO CENTERBASE

PRENATAL PHYSICAL FORM

Dear Health Care Provider:

Please complete the following form. This will help us to follow-up on this client, who is enrolled in our program. Please stamp your agency's name in the space below.

1. Name of Health Care Provider:

Telephone#:

2. Name of Client _____

Date of Birth ____/____/____

3. Physical Examination Completed: Date ____/____/____

4. Examination Results:

5. Special Needs/Conditions

6. Pregnancy Trimester:

First: _____

B.P. _____

Second _____

Third _____

Hg/Hct _____

Post-Partum: _____

7. Immunizations-Given _____

Signature of Health-Care Provider



NATIONAL CENTER ON
Early Childhood Health and Wellness

Head Start Oral Health Form—Pregnant Women

Patient Information

Patient's name _____ Date of birth _____ Phone number _____
Address _____ City _____ State _____ Zip code _____
This practice is the patient's dental home: Yes No

Current Oral Health Status

Does the patient have any teeth with untreated decay? Yes (decay) No (decay free)
Does the patient have any teeth that have previously been treated for decay, including fillings, crowns,
or extractions? Yes No
Does the patient have gum disease? Yes No
Are there treatment needs? Yes, urgent Yes, not urgent No treatment needs

Oral Health Care Services Delivered During Visit

Diagnostic/Preventive Services	Counseling/Anticipatory Guidance	Restorative/Emergency Care
Examination: Yes No	Yes No	Fillings: Yes No
X-rays: Yes No		Crowns: Yes No
Risk assessment: Yes No	Referral to Specialty Care	Extractions: Yes No
Cleaning: Yes No	Yes No	Emergency care: Yes No
Fluoride varnish: Yes No		Other: _____
Dental sealants: Yes No	(Please specify specialist)	(Please specify)

Future Oral Health Care Services

All treatment completed: Yes No Next recall date: _____ / _____ (month/year)
More appointments needed for treatment? Yes No
If yes: Approximate number of appointments needed: _____ Next appointment: Date: _____ Time: _____

Additional Information for Patient, Head Start Staff, and Medical Providers

Oral Health Provider's Contact Information and Signature

Provider name (please print) _____ Phone number _____ Fax number _____
Practice name _____ Address _____
Provider signature _____ Date of service _____

This document was prepared under grant #90HC0005 for the U.S. Department of Health and Human Services, Administration for Children and Families, Office of Head Start, by the National Center on Early Childhood Health and Wellness. This publication is in the public domain, and no copyright can be claimed by persons or organizations.

for baby

provides ideal
nutrition

fights off viruses
and bacteria

contains natural
antibodies

protects against
allergies

increases
vaccination efficacy



for mom

lowers risk of breast
and ovarian cancer

faster loss weight
after pregnancy

uterus return to its
pre-pregnancy size

sex without
contraception

saves money

BENEFITS OF BREASTFEEDING

