

**East Orange Child Development
March 2024**

**Breakfast Menu
Head Start**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Mixed Fruit Cinnamon Chex 1%/FF Milk
4	5	6	7	8
Applesauce Cheerios 1%/FF Milk	Peaches Blueberry Muffin 1%/FF Milk	Pears Grits 1%/FF Milk	Mangos Pancakes 1%/FF Milk	Pineapple Rice Krispies 1%/FF Milk
11	12	13	14	15
Apples Rice Chex 1%/FF Milk	Oranges Corn Muffin 1%/FF Milk	Peaches Cheerios 1%/FF Milk	Banana Oatmeal 1%/FF Milk	Pears Cornflakes 1%/FF Milk
18	19	20	21	22
Strawberry Applesauce Cinnamon Chex 1%/FF Milk	Pears Bagel w/cream cheese 1%/FF Milk	Peaches French Toast 1%/FF Milk	Banana Rice Krispies 1%/FF Milk	Mango Bran Muffin 1%/FF Milk
25	26	27	28	29
Oranges Cheerios 1%/FF Milk	Pineapples Hard Boiled Egg Cinnamon Bread 1%/FF Milk	Peaches Cream of Wheat 1%/FF Milk	Banana Cornflakes 1%/FF Milk	SCHOOL CLOSED

CHILDREN OFFERED WATER EVERYDAY // CHILDREN WITH ALLERGIES WILL BE GIVEN AN APPROPRIATE SUBSTITUTE

Menu subject to change based on availability

**East Orange Child Development
March 2024**

**Lunch Menu
Head Start**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Cheese Pizza Broccoli Pears 1%/FF Milk
4	5	6	7	8
BBQ Meatloaf Hawaiian Roll Mashed Potatoes Pineapple Slices 1%/FF Milk	Chicken Drumstick Teriyaki White Rice Vegetable Medley Mandarin Oranges 1%/FF Milk	Hard Boiled Egg/Cheese Ritz Crackers Beets Apples 1%/FF Milk	Sausage and Peppers Sub Corn Oranges 1%/FF Milk	Cheesy Bread Sticks Marinara String Beans Pears 1%/FF Milk
11	12	13	14	15
Fish Sticks Hawaiian Roll Tater Tots Peaches 1%/FF Milk	Macaroni and Cheese Stewed Tomatoes Pears 1%/FF Milk	Honey Turkey and Swiss Cheese on WW Bread Carrots Mixed Fruit 1%/FF Milk	Buffalo Chicken Wrap String Beans Tangerines 1%/FF Milk	Taco Quesadilla Sour Cream Corn Apples 1%/FF Milk
18	19	20	21	22
Chicken Nuggets Sweet Potato Wedges Pineapple 1%/FF Milk	Turkey Tacos on Soft Tortilla Salsa Apples 1%/FF Milk	Chicken Salad on Kaiser Roll Carrots Tangerines 1%/FF Milk	Spaghetti and Meatballs String Beans Pears 1%/FF Milk	Brown Rice and Pinto Beans Plantains Peaches 1%/FF Milk
25	26	27	28	29
Hamburger WW Bun Shoestring Fries Pears 1%/FF Milk	Chicken Tenders Hawaiian Roll Lima Beans Mandarin Oranges 1%/FF Milk	Turkey Pastrami on WW Bread Carrots Apples 1%/FF Milk	Turkey Chili Brown Rice Tossed Salad w/ French Dressing Pinapples 1%/FF Milk	SCHOOL CLOSED

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**East Orange Child Development
March 2024**

**Snack Menu
Head Start**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Wheat Thins Applesauce
4	5	6	7	8
Goldfish Strawberry Yogurt Parfait	Cheez-its 100% Mixed Berry Juice	Pretzels 100% Strawberry Kiwi Juice	Tortilla Chips Guacamole	Rice Cakes Tangerines
11	12	13	14	15
Graham Crackers Yogurt	Strawberry Oatmeal Bar 100% Pineapple Juice	Early Dismissal	Ritz Crackers Cheese Stick	Goldfish 100% Mixed Berry Juice
18	19	20	21	22
Cheez-its 100% Tropical Juice	Animal Crackers 100% Strawberry Kiwi Juice	Pretzels 100% Pineapple Juice	Sun Chips Carrots w/Ranch Dressing	Graham Crackers Yogurt
25	26	27	28	29
Pretzels 100% Strawberry Kiwi Juice	Goldfish 100% Mixed Berry Juice	Tortilla Chips w/Salsa 100% Tangerine Juice	Teddy Grahams Strawberry Yogurt	SCHOOL CLOSED

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Registered Dietitian Approval